

**TOWNSHIP OF DENNIS
BOARD OF HEALTH
REGULAR MEETING AGENDA
November 28, 2023
5:30 P.M.**

1. **CALL TO ORDER:** Frank L. Germanio, Jr., Chairperson
2. **MEETING NOTICE PURSUANT TO N.J.S. 10:4-6 to 10:4-21.**
3. **ROLL CALL:** ____ Z. Matalucci, ____ F. Germanio, ____ S. Turner, ____ T.VanArtsdalen
____ M. Cox, ____ J. Justice

4. **PLEDGE OF ALLEGIANCE**

5. **ITEMS THAT ARE PENDING:**

A. **CORRESPONDENCE:**

1. 11/02/2023 – NJ Dept. of Health – Public Health Info: Infection Control Recommendations for the Respiratory Disease 2023-2024 Season.
2. 11/06/2023 – NJ Dept. of Health – Recalls, Market Withdrawals & Safety Alerts: FDA Lead Recall: Applesauce Pouches.
3. 11/06/2023 – NJ Dept. of Health – Public Health Advisory: Tianeptine "Gas Station Heroin".

Approved by: ____ Z. Matalucci, ____ F. Germanio, ____ S. Turner,
____ T.VanArtsdalen, ____ M. Cox, ____ J. Justice

B. **COUNTY INSPECTIONS/VIOLATIONS:**

None.

C. **DOG REPORT:**

1. There have been 286 dog licenses issued to date for 2023.

D. **NOTICE OF CONFINEMENT OF DOMESTIC ANIMAL(S) WITH KNOWN OR SUSPECTED EXPOSURE TO RABIES:**

None.

E. SUSPECTED HAZARDOUS SUBSTANCE DISCHARGE NOTIFICATION:

Response Action Outcome ref.: 1414 Route 47.

F. APPROVAL OF BOARD OF HEALTH REGULAR MEETING MINUTES:

October 24, 2023 regular meeting minutes.

Approved by: _____ Z. Matalucci, _____ F. Germanio, _____ S. Turner,
_____ T.VanArtsdalen, _____ M. Cox, _____ J. Justice

6. COMMENTS:

7. MOTION TO ADJORN MEETING:



INFECTION CONTROL RECOMMENDATIONS FOR THE RESPIRATORY DISEASE 2023-2024 SEASON

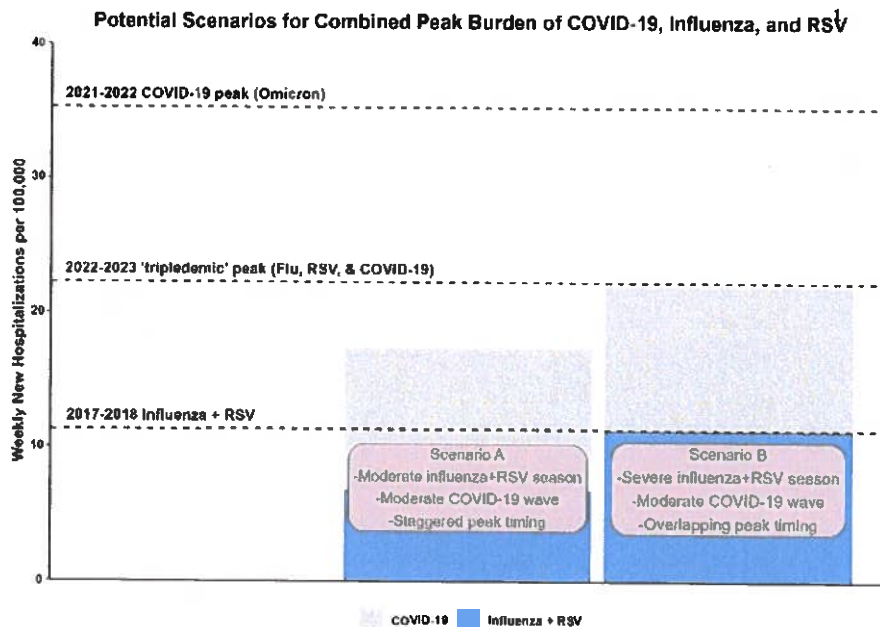
Date: November 2, 2023

Public Health Message Type: Alert Advisory Update Information

Intended Audience: All public health partners Healthcare providers Infection preventionists
 Local health departments Schools/childcare centers ACOs
 Animal health professionals Other:

Key Points or Updates:

- (1) Respiratory viruses typically circulate more widely during the fall and winter months.
- (2) The severity of a respiratory season can be measured by the number of people hospitalized, as a stress to the healthcare system.
- (3) CDC expects this year to be similar to last year regarding the total number of hospitalizations from COVID-19, influenza (flu), and respiratory syncytial virus (RSV). As with the previous year, the total number of hospitalizations this year is expected to be **higher** than what we experienced before the COVID-19 pandemic.



- (4) Be prepared, proactively implement preventive measures, and respond promptly to control transmission when cases are identified.

Action Items:

- (1) Providers should offer vaccines as appropriate. **Vaccines for all three major respiratory viruses – COVID-19, flu, and RSV – are available this fall for the first time in U.S. history.** New and updated vaccinations are available for [COVID-19](#), [flu](#), and [RSV](#). Healthcare facilities should encourage all eligible patients/residents and staff to stay current with available vaccinations. Vaccine education and resources available from the [Advisory Committee on Immunization Practices \(ACIP\)](#) include:
 - a. [CDC Prevention and control of seasonal influenza with vaccines](#)
 - b. [CDC COVID-19 ACIP Vaccine Recommendations](#)
 - c. [CDC Adult RSV ACIP Vaccine Recommendations](#)
- (2) **Should an outbreak occur, notify the local health department.** Reporting guidelines for COVID-19, flu, and RSV:
 - a. [COVID-19](#)
 - b. [Influenza](#)
 - c. [RSV](#)
- (3) **Educate everyone!** Review and update facility policies on [core infection prevention and control practices](#) and (if applicable) the facility [Outbreak Response Plan](#).
 - a. Provide ongoing education to staff on proper [hand hygiene](#), [personal protective equipment](#), and [environmental cleaning and disinfection](#).
 - b. Educate patients/residents and visitors on respiratory hygiene and cough etiquette and the importance of source control during increased respiratory infection in the community.
- (4) **Implement preventative measures early!** Source control remains an important intervention during periods of higher respiratory virus transmission. Healthcare facilities should institute facility-wide masking when masks are recommended in the community (e.g., when COVID-19 hospital admission levels are high). Healthcare facilities should consider several factors when determining when and how to implement COVID-19 infection prevention and control practices (e.g., patients/residents with the highest risk of severe outcomes, input from stakeholders, outbreak status). In addition, state and national data on COVID-19 and trends of other respiratory viruses can help inform facility-specific practices:
 - a. [NJDOH Influenza and Respiratory Illness Surveillance Reports](#)
 - b. [NJDOH COVID-19 Weekly Surveillance Reports](#)
 - c. [CDC COVID Data Tracker](#)
 - d. [CDC RESP-NET Interactive Dashboard](#)
- (5) **Test and treat** as soon as cases or transmission are identified. Review and implement plans for rapid clinical evaluation and intervention so patients/residents can receive timely treatment and/or prophylaxis as indicated. Results from testing can inform recommended treatment and rapid IPC actions to control the virus.

Contact Information:

- Rutvik Patel, Infection Control Assessment & Response (ICAR) Containment Lead, at Rutvik.patel@doh.nj.gov or
- The Communicable Disease Service, Influenza Illness Unit at [cdfsfluteam@doh.nj.gov](mailto:cdsfluteam@doh.nj.gov) or
- The Communicable Disease Service at (609) 826-5964 during business hours or

- In cases of immediately reportable diseases and other emergencies and if the local health department cannot be reached, the New Jersey Department of Health maintains an emergency after-hours phone number: 609-392-2020.
- Local Health Department: www.localhealth.nj.gov.

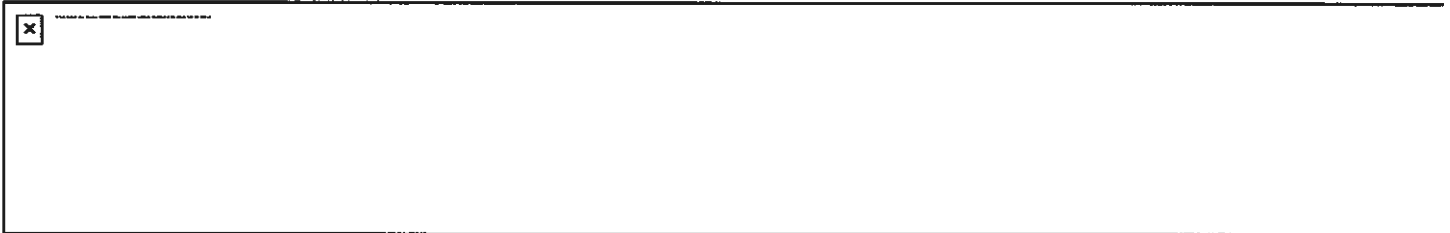
Additional References and Resources:

- [CDC Respiratory Disease Season Outlook – Summary](#)
- [CDC Long-Term Care Quick Start Guide: Preparing for the Respiratory Virus Season](#)
- [Long term care Vaccinations FAQs](#)
- CDC Safe Healthcare Blog: [Reminder: Infection Control Actions to Take During Respiratory Virus Season](#)
- [CDC Viral Respiratory Pathogens Toolkit for Nursing Homes](#)

Jackie Justice

From: Kocis,Liberty <Liberty.Kocis@CO.CAPE-MAY.NJ.US>
Sent: Thursday, November 2, 2023 3:10 PM
Subject: Public Health Info : Infection Control Recommendations for the Respiratory Disease 2023-2024 Season
Attachments: LINCS message RESPIRATORY VIRUS SEASON Nov 202320230211.pdf

ATTENTION! This e-mail is from an External Source!



Public Health Information

NJLINCS Health Alert Network

Distributed by the *New Jersey Department of Health*

Subject: Public Health Info : Infection Control Recommendations for the Respiratory Disease 2023-2024 Season

Date: 11/02/2023 13:10:33

Official Message No.: 111922-11-2-2023-PHIN

Contact Info: Rutvik Patel | 609-826-5964 | CDS.ICAR@doh.nj.gov

Deepam Thomas | 609-826-5964 | [cdfsfluteam@doh.nj.gov](mailto:cdsfluteam@doh.nj.gov)

Attachments: Yes

Respiratory viruses typically circulate more widely during the fall and winter months.

The severity of a respiratory season can be measured by the number of people hospitalized, as a stress to the healthcare system.

CDC expects this year to be similar to last year regarding the total number of hospitalizations from COVID-19, influenza (flu), and respiratory syncytial virus (RSV). As with the previous year, the total number of hospitalizations this year is expected to be higher than what we experienced before the COVID-19 pandemic.

Be prepared, proactively implement preventive measures, and respond promptly to control transmission when cases are identified.

Please attached for specific action items and key resources.

Investigation of Elevated Lead Levels: Applesauce Pouches (November 2023)

Do not eat, sell, or serve multiple brands of apple cinnamon fruit pouches. FDA's investigation is ongoing.



Product

Certain apple puree and applesauce products. This includes all lot codes and expiration dates of:

- [Recalled WanaBana \(/safety/recalls-market-withdrawals-safety-alerts/wanabana-issues-voluntary-recall-wanabana-apple-cinnamon-fruit-puree-pouches-due-elevated-lead\)](#) apple cinnamon fruit puree pouches
- [Recalled Schnucks \(https://nourish.schnucks.com/news-releases/schnuck-markets-recalls-select-schnucks-brand-applesauce-pouches/\)](https://nourish.schnucks.com/news-releases/schnuck-markets-recalls-select-schnucks-brand-applesauce-pouches/) [↗ \(http://www.fda.gov/about-fda/website-policies/website-disclaimer\)](http://www.fda.gov/about-fda/website-policies/website-disclaimer) brand cinnamon-flavored applesauce pouches and variety pack
- Recalled Weis brand cinnamon applesauce pouches (i.e., specific lots of UPC 041497216123)

Symptoms of Lead Toxicity

Lead is toxic to humans and can affect people of any age or health status. Protecting children from exposure to lead is particularly important because they are more susceptible to lead toxicity. Most children have no obvious immediate symptoms. Parents and caretakers should consult a healthcare provider if you suspect a child may have been exposed to lead. Short term exposure to lead could result in the following symptoms: headache; abdominal pain/colic; vomiting; anemia. Longer term exposure could result in the following additional symptoms: irritability; lethargy; fatigue; muscle aches or muscle prickling/burning; constipation; difficulty concentrating/muscular weakness; tremor; weight loss.

Stores Affected

- WanaBana apple cinnamon fruit puree pouches are sold nationally and are available through multiple retailers including Amazon, Dollar Tree, and other online outlets.
- Schnucks brand cinnamon-flavored applesauce pouches and variety pack are sold at Schnucks and Eatwell Markets grocery stores.
- Weis brand cinnamon applesauce pouches are sold at Weis grocery stores.

Status

Ongoing: Updates to this advisory will be provided as they become available.

Recommendation

- Consumers should not eat, sell, or serve recalled WanaBana, Schnucks, and Weis brand apple cinnamon pouches and should discard them.
- These products have a long shelf life. Consumers should check their homes and discard these products.
- Most children have no obvious immediate symptoms of lead exposure. If there's suspicion that a child may have been exposed to lead, parents should talk to their child's healthcare provider about getting a blood test.
- Contact your healthcare provider if you think you may have symptoms of lead toxicity after eating recalled fruit pouches.

Current Update

November 3, 2023

As reported in a [safety alert \(/food/alerts-advisories-safety-information/fda-advises-parents-and-caregivers-not-buy-or-feed-wanabana-apple-cinnamon-fruit-puree-pouches\)](/food/alerts-advisories-safety-information/fda-advises-parents-and-caregivers-not-buy-or-feed-wanabana-apple-cinnamon-fruit-puree-pouches) issued by FDA on October 28, 2023, the FDA, along with the North Carolina Department of Health and Human Services (NCDHHS) and the North Carolina Department of Agriculture & Consumer Services (NCDA&CS) are investigating reports of four children with elevated blood lead levels, indicating potential acute lead toxicity. The NCDHHS investigation identified WanaBana Apple Cinnamon Fruit Puree pouches as a potential shared source of exposure. As part of their investigation, NCDHHS analyzed multiple lots of WanaBana Apple Cinnamon Fruit Puree, detecting extremely high concentrations of lead.

The FDA has reviewed and supports NCDHHS's analytical findings and found that analytical results at this level could result in acute toxicity. The FDA has shared the results with the firm and on October 31, 2023, Wanabana LLC initiated a [voluntary recall \(/safety/recalls-market-withdrawals-safety-alerts/wanabana-issues-voluntary-recall-wanabana-apple-cinnamon-fruit-puree-pouches-due-elevated-lead\)](/safety/recalls-market-withdrawals-safety-alerts/wanabana-issues-voluntary-recall-wanabana-apple-cinnamon-fruit-puree-pouches-due-elevated-lead) of all WanaBana Apple Cinnamon Fruit Puree Pouches.

Since the first alert was issued this investigation has been transferred to FDA's Coordinated Outbreak Response & Evaluation (CORE) Network for additional follow up, in collaboration with the Centers for Disease Control and Prevention (CDC) and state and local partners. Two additional brands of products are also subject to recall: certain Schnucks cinnamon-flavored applesauce pouches and variety pack and certain Weis cinnamon applesauce pouches.

FDA has received additional reports of illnesses and is working to evaluate those complaints. FDA's investigation is ongoing to determine the source of lead contamination and whether additional products are linked to illnesses. FDA will update this advisory as information becomes available.

Case Counts

Total Adverse Events: 7*

Report Date Ranges: October 17, 2023 – November 1, 2023

States with Cases: AR (1), LA (1), MD (1), MO (1) NC (2), Unknown (1)


Product Distribution: Nationwide

*Estimate based on Consumer Complaint and CFSAN Adverse Event Reporting System (CAERS) reports received by the FDA.

Useful Links

- [FDA Safety Alert \(/food/alerts-advisories-safety-information/fda-advises-parents-and-caregivers-not-buy-or-feed-wanabana-apple-cinnamon-fruit-puree-pouches\)](/food/alerts-advisories-safety-information/fda-advises-parents-and-caregivers-not-buy-or-feed-wanabana-apple-cinnamon-fruit-puree-pouches)
- [NCDHHS Health Alert \(https://www.ncdhhs.gov/news/press-releases/2023/10/28/ncdhhs-urges-caution-after-reportable-lead-found\)](https://www.ncdhhs.gov/news/press-releases/2023/10/28/ncdhhs-urges-caution-after-reportable-lead-found)

wanabana-brand-apple-cinnamon-puree).

- WanaBana Recall Announcement
(/safety/recalls-market-withdrawals-safety-alerts/wanabana-issues-voluntary-recall-wanabana-apple-cinnamon-fruit-puree-pouches-due-elevated-lead)
- Schnucks Recall Announcement
(https://nourish.schnucks.com/news-releases/schnuck-markets-recalls-select-schnucks-brand-applesauce-pouches/) 
(http://www.fda.gov/about-fda/website-policies/website-disclaimer)
- Health Effects of Lead Exposure
(https://www.cdc.gov/nceh/lead/prevention/health-effects.htm)
- Who to Contact

Product Images



Recalled Product

In response to this investigation, Wanabana has voluntarily recalled all WanaBana Apple Cinnamon Fruit Puree Pouches regardless of expiration date and lot code. Two additional brands of products are also subject to recall: certain Schnucks cinnamon-flavored applesauce pouches and variety pack and certain Weis cinnamon applesauce pouches.

Previous Updates

October 28, 2023

The FDA was recently made aware of a developing investigation by the North Carolina Department of Health and Human Services (NCDHHS) and the North Carolina Department of Agriculture & Consumer Services (NCDA&CS) regarding four children with elevated blood lead levels, indicating potential acute lead toxicity. The NCDHHS investigation identified WanaBana apple cinnamon fruit puree pouches as a potential shared source of exposure. As part of their investigation, NCDHHS analyzed multiple lots of WanaBana apple cinnamon fruit puree, detecting extremely high concentrations of lead. The FDA has reviewed and supports NCDHHS's analytical findings and found that analytical results at this level could result in acute toxicity. The FDA has shared the results with the firm whose representatives are cooperating with the FDA and have agreed to voluntarily recall all WanaBana apple cinnamon fruit puree pouches regardless of expiration.

The FDA is issuing this public health alert advising parents and caregivers not to purchase or feed WanaBana apple cinnamon fruit puree pouches to toddlers and young children because they may contain elevated levels of lead. The FDA is continuing to work with state officials and the firm, collecting additional information, and taking steps to remove all contaminated product from the market.

Who to Contact

Consumers who have symptoms should contact their health care provider to report their symptoms and receive care.

To report a **complaint** or **adverse event** (illness or serious allergic reaction), you can

- Call an FDA [Consumer Complaint Coordinator](https://www.fda.gov/safety/report-problem-fda/consumer-complaint-coordinators) ([/safety/report-problem-fda/consumer-complaint-coordinators](https://www.fda.gov/safety/report-problem-fda/consumer-complaint-coordinators)) if you wish to speak directly to a person about your problem.

- Complete an electronic Voluntary MedWatch form (<https://www.accessdata.fda.gov/scripts/medwatch/medwatch-online.htm>) online.
- Complete a paper Voluntary MedWatch form (</media/85598/download>) that can be mailed to FDA.

Submit Questions/Get Assistance (<https://www.fda.gov/fcic>)

Follow us on X (<https://twitter.com/FDAfood>) [↗ \(<http://www.fda.gov/about-fda/website-policies/website-disclaimer>\)](http://www.fda.gov/about-fda/website-policies/website-disclaimer)

Was this helpful?

Yes

No



NEWS RELEASES / 11/3/2023

UPDATE: SCHNUCK MARKETS RECALLS SELECT SCHNUCKS-BRAND APPLESAUCE POUCHES

Media Contact:
Paul Simon
mediarelations@schnucks.com
314-994-4603

Schnuck Markets Recalls Select Schnucks-Brand Applesauce Pouches
Cinnamon in products may contain elevated levels of lead

ST. LOUIS, Nov. 3, 2023 – Schnuck Markets Inc. has recalled select Schnucks-brand applesauce pouches because the supplier, Purcell International, has notified the company of elevated levels of lead found in the cinnamon raw material used by Austrofood SAS, the manufacturer of the applesauce cinnamon pouches.

Lead is toxic to humans and can affect people of any age or health status. Protecting children from exposure to lead is important to lifelong good health. Lead exposure in children is often difficult to see. Most children have no obvious immediate symptoms. If there's suspicion that a child may have been exposed to lead, parents should talk to their child's healthcare provider about getting a blood test. Although lead can only be diagnosed through clinical testing, signs and symptoms of lead toxicity vary based on exposure.

Short term exposure to lead could result in the following symptoms:

- Headache
- Abdominal pain/Colic
- Vomiting
- Anemia

Longer term exposure could result in additional symptoms:

- Irritability
- Lethargy
- Fatigue
- Muscle aches or muscle prickling/burning
- Occasional abdominal discomfort
- Constipation
- Difficulty concentrating/Muscular exhaustibility
- Headache
- Tremor
- Weight loss

Schnucks and Eatwell Markets customers are urged to check for:

Schnucks Cinnamon Applesauce Pouch
12 pk.
UPC: 4131801152

Schnucks Cinnamon Applesauce Pouch
4 pk.
UPC: 4131801155

Schnucks Applesauce Pouch Variety
20 pk.
UPC: 4131801157

Consumers who have purchased this product are urged to stop using it immediately. Affected products may be returned to the Schnucks or Eatwell Market store of purchase for a full refund. Customers with questions may contact the Schnucks Customer Care team at 314-994-4400 or 1-800-264-4400.

Please note that this recall does not affect Schnucks stores in the Rockford, Illinois area, DeKalb, Illinois or Janesville, Wisconsin.

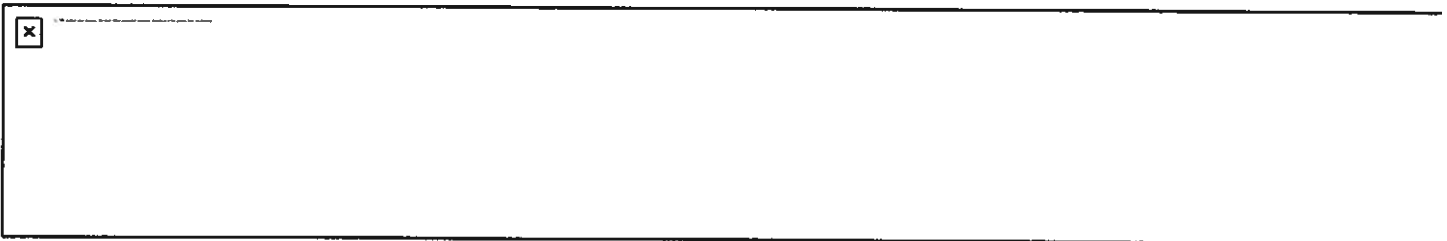
###

Jackie Justice

From: Kocis,Liberty <Liberty.Kocis@CO.CAPE-MAY.NJ.US>
Sent: Monday, November 6, 2023 2:45 PM
Subject: Public Health Recall : [UPDATE] FDA Lead Recall: Applesauce Pouches
Attachments: Investigation of Elevated Lead Levels_ Applesauce Pouches (November 2023) _ FDA20230611.pdf; UPDATE_ Schnuck Markets Recalls Select Schnucks-Brand Applesauce Pouches _ Schnucks20230611.pdf

ATTENTION! This e-mail is from an External Source!

From: Kocis,Liberty
Sent: Monday, November 6, 2023 2:40 PM
Subject: Public Health Recall : [UPDATE] FDA Lead Recall: Applesauce Pouches



Recalls, Market Withdrawals, & Safety Alerts

NJLINCS Health Alert Network

Distributed by the *New Jersey Department of Health*

Subject: Public Health Recall : [UPDATE] FDA Lead Recall: Applesauce Pouches

Date: 11/06/2023 14:34:34

Official Message No.: 111926-11-6-2023-RECL

Contact Info: Morgan Patrick | Morgan.Patrick@doh.nj.gov

Attachments: Yes

There is an addition of two more brands in relation to the recall of **WanaBana Apple Cinnamon Fruit Purée Pouches**. The FDA has included **recalled Schnucks brand** cinnamon-flavored applesauce pouches and variety pack and **recalled Weis brand** cinnamon applesauce pouches (i.e., specific lots of UPC 041497216123).

Please keep an eye on the situation for more updates, and immediately stop using the recalled products and return them to the place of purchase for a full refund. Consumers with questions can contact WanaBana at support@wanabanafruits.com, or the Schnucks Customer Care team at 314-994-4400 or 1-800-264-4400, or the Weis Customer Service number at 866-999-9347.



Health Alert: Tianeptine or “Gas Station Heroin”

Background

In August 2023, the New Jersey Poison Center (NJPIES) identified a cluster of poisoning cases involving tianeptine, a substance with opioid-like effects that is being falsely marketed and sold across the state in gas stations and online as a dietary supplement. Common names for tianeptine include “gas station heroin,” “ZaZa Red,” or “Neptune’s Elixir” (among others). Tianeptine use can lead to serious health complications and even death.

Over the 60-day period from June 17 to August 17, NJPIES received 9 calls about patients poisoned by tianeptine, and some patients have become critically ill. Due to this cluster of cases and previous [FDA warnings](#), the New Jersey Department of Health (NJDOH) has increased surveillance efforts around this substance and urges New Jersey residents to be cautious.

Update on Tianeptine

In October 2023, NJDOH was made aware of another cluster of 10 additional Tianeptine exposures in New Jersey involving the substance. More specifically, these poisonings were attributed to products sold under the names of “Neptune’s Fix”, “Neptune’s Fix Elixir” and “Pegasus Silver.” More than half of the patients impacted suffered from central nervous system (CNS) depression and seizures after ingestion, with some requiring hospitalization and intubation. Others presented to the hospital with slurred speech, altered mental status, agitation, chest discomfort, tachycardia, tremors, hallucinations, urinary retention, vomiting, and lethargy. Patients were treated in hospitals in Hudson, Atlantic, Middlesex, Monmouth, Ocean, Salem, Gloucester, Burlington, Mercer, and Passaic counties. An analysis conducted by NJPIES identified the presence of tetrahydrocannabinol (THC), cannabidiol (CBD), and synthetic cannabinoids in samples of these products, in addition to tianeptine.



Image courtesy of New Jersey Poison Information and Education System (NJPIES)

What is Tianeptine?

Tianeptine is a tricyclic antidepressant used in some Latin American, Asian, and European countries but is not FDA approved or regulated for use in the United States. Individuals with an opioid use disorder may be more likely to use tianeptine, as it is inaccurately marketed as a safer alternative to opioids and can have opioid-like effects. The FDA has warned that manufacturers of tianeptine are making inaccurate and unproven claims that use of tianeptine can improve brain function, treat anxiety, depression, pain, opioid use disorder, and other health ailments.

Health and Safety Risks

According to the FDA, U.S. poison control centers have seen an increase in reports of adverse reactions to tianeptine exposure over the past two decades. Tianeptine can cause opioid-like effects, as it binds to and acts as an agonist at the mu opioid receptors. Repeated use of tianeptine can cause dependence and withdrawal symptoms when use is stopped. Symptoms of tianeptine withdrawal are similar to those of opioid withdrawal, including agitation, nausea, anxiety, diarrhea, and chills. Some cases of withdrawal have been severe, with patients requiring intubation. Common symptoms associated with tianeptine exposure include:

- Agitation
- Drowsiness
- Confusion
- Sweating
- Rapid heartbeat
- Increased blood pressure
- Nausea and vomiting
- Slow or stopped breathing
- Coma
- Death

A CDC study on tianeptine exposures found that outcome severity was associated with concomitant exposure to other substances, including benzodiazepines, alcohol, and opioids.

Recommendations for Providers

- Providers who suspect tianeptine exposure in any patient should call New Jersey's Poison Center (NJPIES) at 1-800-222-1222. Experts are standing by 24 hours a day, 7 days a week to help in the diagnosis, treatment, and prevention of poisoning. This line is also available to the general public.
- Treatment for suspected tianeptine exposure should involve vital sign monitoring, symptomatic supportive care, and an ECG evaluation. NJPIES, if contacted regarding a suspected exposure, will provide additional patient-focused management.
- Counsel patients regarding the risks of tianeptine. Remind patients that just because a substance is conveniently sold does not mean it is safe.
- Provide person-centered and trauma-informed care to patients, even if they are not ready to stop using.

- Carry naloxone and encourage its use when a person's respiration is depressed, or if an opioid overdose is suspected. Though limited, there is some evidence that naloxone may have efficacy in treating tianeptine toxicity.
- Educate patients on overdose risk-prevention strategies, such as avoiding mixing substances.
- Refer individuals to local harm reduction agencies or other trusted, community-based providers available to connect patients to needed resources (i.e., sterile syringes, overdose education, HIV testing, fentanyl test strips, etc.).
- Share information or provide a warm handoff to ReachNJ.
- For more information, please contact Amanda Gan at the New Jersey Department of Health at Amanda.Gan@doh.nj.gov.

What is Tianeptine?

Tianeptine is an antidepressant being sold in gas stations and convenience stores in New Jersey. It is not FDA approved or regulated for use in the United States. Also known as "ZaZa," "Neptune's Fix," and "Pegasus Silver," tianeptine is being inaccurately marketed as a safer alternative to opioids and a dietary supplement to treat a variety of health ailments.

Risks of Using Tianeptine

The New Jersey Poison Control Center has recently identified a cluster of tianeptine poisonings. Tianeptine exposure can cause life-threatening symptoms, including seizures, coma, and death.



Image courtesy of New Jersey Poison Information and Education System

Common symptoms associated with tianeptine exposure include:

- Agitation
- Increased blood pressure
- Sweating
- Drowsiness
- Nausea and vomiting
- Rapid heartbeat
- Confusion
- Slow or stopped breathing

Tianeptine Withdrawal

Repeated use of tianeptine can cause withdrawal symptoms when use is stopped. Symptoms of tianeptine withdrawal include agitation, nausea, anxiety, diarrhea, and chills. **Some cases of withdrawal have been severe, with patients requiring intubation.**



If You Suspect Tianeptine Poisoning

- Call **9-1-1** and stay with the person in need of medical attention.
- Carry naloxone (also known as Narcan, the opioid overdose antidote) and use it if a person has slow breathing.
- Avoid mixing substances.
- Avoid using substances alone.

Resources

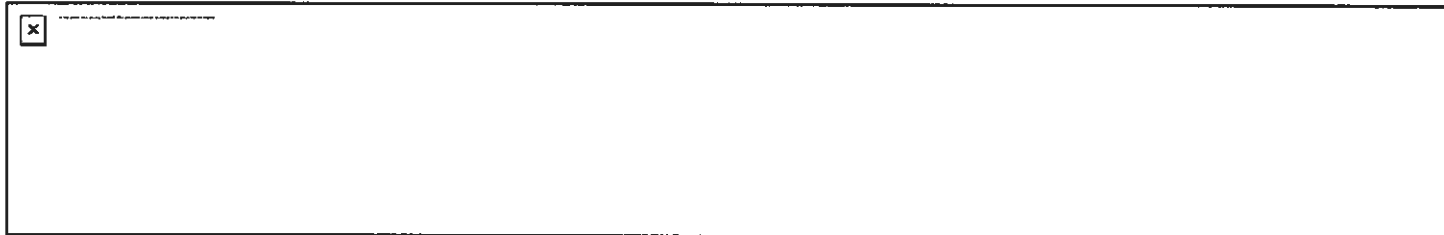
- **Harm Reduction Centers** provide sterile syringes and other safer use supplies, including naloxone. Scan the QR code for a listing of centers in New Jersey.
- **REACHNJ** is a 24/7 hotline available to anyone who is looking for help with overcoming a substance use disorder. Call **844-732-2465**.
- Call or text **1-877-4NARCAN** for free, anonymous naloxone through the mail.



Jackie Justice

From: Kocis,Liberty <Liberty.Kocis@CO.CAPE-MAY.NJ.US>
Sent: Monday, November 6, 2023 12:23 PM
Subject: Public Health Advisory : Updated Tianeptine Health Advisory
Attachments: health alert tianeptine_ updated 11.6.23 FINAL20230611.pdf; Tianeptine Flyer FINAL20230611.pdf

ATTENTION! This e-mail is from an External Source!



Public Health Advisory

NJLINCS Health Alert Network

Distributed by the *New Jersey Department of Health*

Subject: Public Health Advisory : Updated Tianeptine Health Advisory

Date: 11/06/2023 12:16:43

Official Message No.: 111925-11-6-2023-PHAD

Contact Info: Michele Calvo | 609-376-7936 | michele.calvo@doh.nj.gov

Attachments: Yes

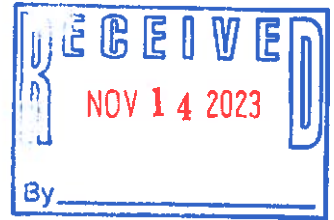
Dear colleagues,

Please find attached an updated Health Advisory on Tianeptine and informational flyer from the NJ Department of Health.

In August 2023, The New Jersey Poison Center (NJPIES) had identified a cluster of poisoning cases involving tianeptine, a substance with opioid-like effects that is being falsely marketed and sold across the state in gas stations and online as a dietary supplement. Tianeptine use can lead to serious health complications and even death.

In October 2023, NJDOH was made aware of another cluster of 10 additional Tianeptine exposures in New Jersey involving the substance. More specifically, these poisonings were attributed to products sold under the names of "Neptune's Fix", "Neptune's Fix Elixir" and "Pegasus Silver." More than half of the patients impacted suffered from central nervous system (CNS) depression and seizures after ingestion, with some requiring hospitalization and intubation. Others presented to the hospital with slurred speech, altered mental status, agitation, chest discomfort, tachycardia, tremors, hallucinations, urinary retention, vomiting, and lethargy. Due to this cluster of cases and previous FDA warnings, the NJDOH has increased surveillance efforts around this substance and urges New Jersey residents to be cautious.

For more information, please contact Amanda Gan at the New Jersey Department of Health at Amanda.Gan@doh.nj.gov



**Earle S. Collins IV
Dennisville Fence Co.
PO Box 150
Dennisville, NJ 08214**

November 6, 2023

Re: This correspondence amends and supplements the Response Action Outcome dated November 28, 2022

Remedial Action Type: *Unrestricted Use*

Scope of Remediation: *Area(s) of Concern:* AOC-1: Two 500-gallon Leaded Gasoline USTs and all associated piping and appurtenances, AOC-2: Volatile organic ground water contamination from two previously removed 500-gallon leaded gasoline USTs, and no other areas

Case Name: Former Café 47
Address: 1414 Route 47
Municipality: Dennis Township
County: Cape May
Block: 57 Lot: 27
Preferred ID: 033438
Communication Center # 98-11-23-1009-42; 98-12-17-1242-28
Well Permit # 35-20480, E202100230, E202100231, E202100232, E202100233,
E202201829

Dear: Earle S. Collins IV,

This correspondence amends the Response Action Outcome issued on **November 28, 2022**, which remains in full force and effect, by correcting the following administrative errors:

The Scope of Remediation from the original Response Action Outcome-A read:

Scope of Remediation: Area(s) of Concern: AOC-2 Volatile Organic Ground water contamination from previously removed gasoline underground storage tanks and no other areas

Has been changed to:

Scope of Remediation: Area(s) of Concern: AOC-1: Two 500-gallon Leaded Gasoline USTs and all associated piping and appurtenances, AOC-2: Volatile organic ground water contamination from two previously removed 500-gallon leaded gasoline USTs and no other areas

The Communication Center # from the original Response Action Outcome-A read:

Communication Center # 98-12-17-1242-28

Has been changed to:

Communication Center # 98-11-23-1009-42; 98-12-17-1242-28

Paragraph 2 from the original Response Action Outcome-A read:

This remediation includes the completion of a Remedial Action as defined pursuant to the Technical Requirements for Site Remediation (N.J.A.C. 7:26E),

Has been changed to:

This remediation includes the completion of a Remedial Investigation and Remedial Action as defined pursuant to the Technical Requirements for Site Remediation (N.J.A.C. 7:26E).

Please be advised this correspondence, with the above amendments and supplements, corrects administrative errors identified in the original Response Action Outcome issued on **November 28, 2022**. This correspondence should be attached to the original Response Action Outcome and be maintained as part of your environmental records for the above reference site.

Thank you for your attention to these matters. If you have any questions, please contact me at (609) 263-6666.

Sincerely,



Paul DeBlasio,
Licensed Site Remediation Professional
#573454

Attachment(s): Original Response Action Outcome

c: Cape May County Health Department
Dennis Township Board of Health
Mayor/Clerk/Town Council, Dennis Township
Pinelands Commission
NJDEP – BIR (Electronic Copies Only)



**Earle S. Collins IV
Dennisville Fence Co.
PO Box 150
Dennisville, NJ 08214**

November 28, 2022

Re: Response Action Outcome

Remedial Action Type: *Unrestricted Use*

Scope of Remediation: *Area(s) of Concern: AOC-2 Volatile Organic Ground water contamination from previously removed gasoline underground storage tanks and no other areas*

Case Name: Former Café 47
Address: 1414 Route 47
Municipality: Dennis Township
County: Cape May
Block: 57 Lot: 27
Preferred ID: 033438
Communication Center # 98-12-17-1242-28
Well Permit #: 35-20480, E202100230, E202100231, E202100232, E202100233,
E202201829

Dear: Earle S. Collins IV,

As a Licensed Site Remediation Professional authorized pursuant to N.J.S.A. 58:10C to conduct business in New Jersey, I hereby issue this Response Action Outcome for the remediation of the area of concern specifically referenced above. I directly oversaw and supervised all of the referenced remediation, AND personally reviewed and accepted all of the referenced remediation and based upon this work, it is my professional opinion that this remediation has been completed in compliance with the Administrative Requirements for the Remediation of Contaminated Sites (N.J.A.C. 7:26C), that is protective of public health, safety and the environment. Also, full payment has been made for all Department fees and oversight costs pursuant to N.J.A.C. 7:26C-4.

This remediation includes the completion of a Remedial Action as defined pursuant to the Technical Requirements for Site Remediation (N.J.A.C. 7:26E),

My decision in this matter is made upon the exercise of reasonable care and diligence and by applying the knowledge and skill ordinarily exercised by licensed site remediation professionals in good standing practicing in the State at the time these professional services are performed.

As required pursuant to N.J.A.C. 7:26C-6.2(b)2ii, a copy of all records related to the remediation that occurred at this location is being simultaneously filed with the New Jersey Department of Environmental Protection (Department). These records contain all information upon which I based my decision to issue this Response Action Outcome.

By operation of law a Covenant Not to Sue pursuant to N.J.S.A. 58:10B-13.2 applies to this remediation. The Covenant Not to Sue is subject to any conditions and limitations contained herein. The Covenant Not to Sue remains effective only as long as the real property referenced above continues to meet the conditions of this Response Action Outcome.

CONDITIONS

Pursuant to N.J.S.A. 58:10B-12o, **Dennisville Fence Co.** and any other person who is liable for the cleanup and removal costs, and remains liable pursuant to the Spill Compensation and Control Act, N.J.S.A. 58:10-23.11 et seq. shall inform the Department in writing, on a form available from the Department, within 14 calendar days after its name or address changes. Any notices you submit pursuant to this paragraph shall reference the above case numbers and shall be sent to:

New Jersey Department of Environmental Protection
Bureau of Case Assignment and Initial Notice
Mail Code 401-05H
401 East State Street, 5th floor
PO Box 420
Trenton, New Jersey 08625-0420

NOTICES

Well Decommissioning

Pursuant to N.J.A.C. 7:9D-3, all wells installed as part of this remediation have been properly decommissioned by a New Jersey licensed well driller of the proper class in accordance with the procedures set forth in N.J.A.C. 7:9D and I have verified that the well driller's well decommissioning report has been submitted to the Bureau of Water Allocation and Well Permitting.

Building Interiors Not Addressed (Non-Child Care)

Please be advised that the remediation that is covered by this Response Action Outcome does not address the remediation of hazardous substances that may exist in building interiors or equipment, including, but not limited to, radon, asbestos and lead. As a result, any risks to human health presented by any building interior or equipment remains. A complete building interior evaluation should be completed before any change in use or re-occupancy is considered.

In concluding that this remediation has been completed, I am offering no opinions concerning whether either primary restoration (restoring natural resources to their pre-discharge condition) or compensatory restoration (compensating the citizens of New Jersey for the lost interim value of the natural resources) has been completed.

Pursuant to N.J.S.A. 58:10C-25, the Department may audit this Response Action Outcome and associated documentation up to three years following issuance. Based on a finding by the Department that a Response Action Outcome is not protective of public health, safety and the environment, the Department can invalidate the Response Action Outcome. Other justifications for the Department's invalidation of this Response Action Outcome are listed in the Administrative Requirements for the Remediation of Contaminated Sites at N.J.A.C. 7:26C-6, including, but not limited to, a Department audit following issuance of this document may be initiated at any time if: a) undiscovered contamination is found that was not addressed by the Response Action Outcome, b) if the Site Remediation Professional Licensing Board conducts an investigation of the Licensed Site Remediation Professional issuing the Response Action Outcome or, c) if the license of that person is suspended or revoked.

Thank you for your attention to these matters. If you have any questions, please contact me at (609) 263-6666

Sincerely,



Paul DeBlasio,
Licensed Site Remediation Professional
#573454

c: Cape May County Health Department
Dennis Township Board of Health
Mayor/Clerk/Town Council, Dennis Township
Pinelands Commission
NJDEP Bureau of Case Assignment and Initial Notice

**TOWNSHIP OF DENNIS
BOARD OF HEALTH
REGULAR MEETING MINUTES
October 24, 2023
5:30 P.M.**

MINUTES OF THE REGULAR MEETING HELD ON:

DATE: October 24, 2023
TIME: 5:30 P.M.
PLACE: Dennis Township Municipal Building

Chairman F. Germanio called the meeting to order reading the notice pursuant to the Open Public Meeting Act.

Secretary, J. Justice conducted a roll call of the members present with, F. Germanio, S. Turner, Z. Matalucci, M. Cox and J. Justice present, T. VanArtsdalen was absent.

PLEDGE OF ALLEGIANCE:

ITEMS THAT WERE DISCUSSED:

CORRESPONDENCE:

1. 10/12/2023 – NJDEP – Public Health Info: Be Alert as Deer Mating Season Gets Underway.

A motion was made by Z. Matalucci, seconded by S. Turner for approval of the correspondence, with 5 ayes and 1 absent, that the correspondence was approved.

COUNTY INSPECTIONS:

Block 251, Lot 76 – Septic System Violation.

DOG REPORT:

1. There have been 286 dog licenses issued to date for 2023.

NOTICE OF CONFINEMENT OF DOMESTIC ANIMAL(S) WITH KNOWN OR SUSPECTED EXPOSURE TO RABIES:

None.

SUSPECTED HAZARDOUS SUBSTANCE DISCHARGE NOTIFICATION:

Response Action Outcome ref.: 165 Academy Road.

A motion was made by M. Cox and seconded by S. Turner for approval of the September 26, 2023 regular meeting minutes, with 5 ayes and 1 absent, that the minutes were approved.

Let the record reflect that there were no comments from those present.

There being no further business a motion was made by Z. Matalucci and seconded by M. Cox, that the meeting be adjourned.

Attest: Jacqueline B. Justice, Secretary

Attest: Frank L. Germanio, Jr., Chairperson